

One virus, two realities



RETHINKING HIV PREVENTION IN SWEDEN AND ROMANIA

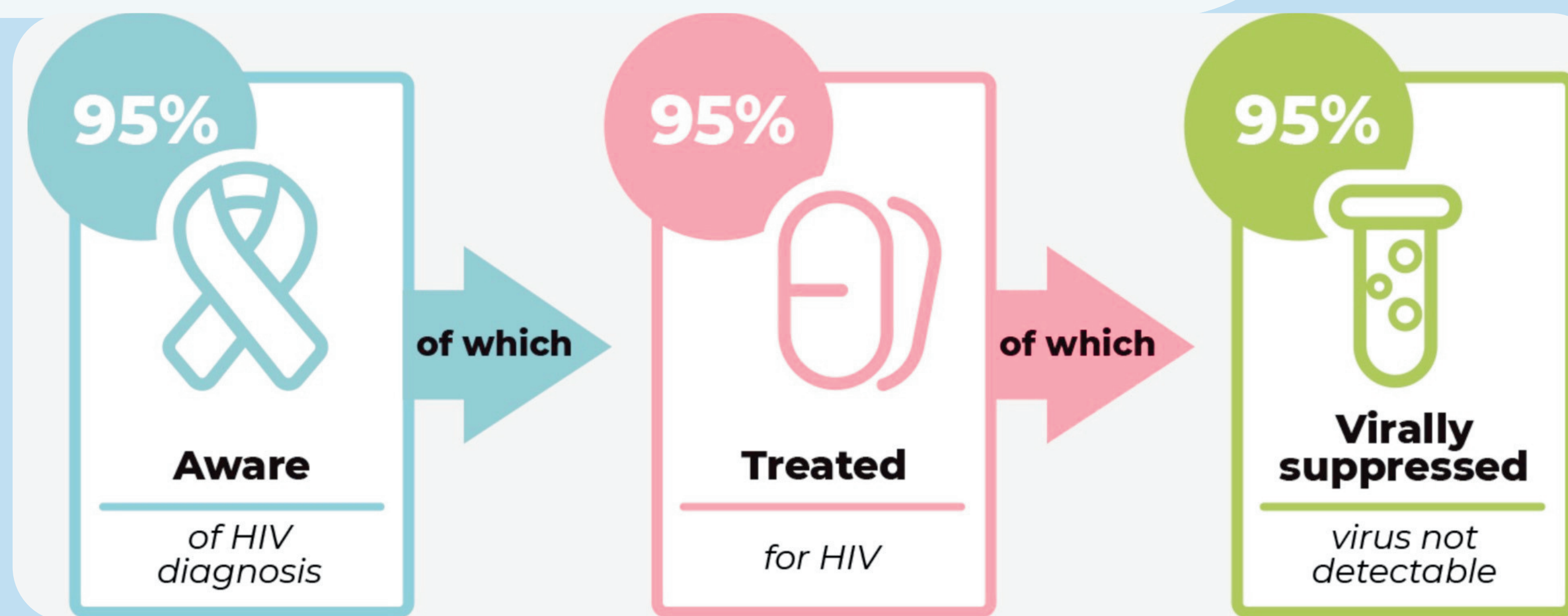
Introduction & Relevance

- Comparative analysis of the Romanian and Swedish healthcare systems regarding HIV to bridge the existing gaps between the two, in the prevention of the virus
- Two highly contrasting systems- behavioral support (*Oana et al., 2014; Petre et al., 2023*)
- Overcome fragmented national prevention methods
- HIV prevention in Europe is highly unequal despite shared UNAIDS targets (*ECDC*).

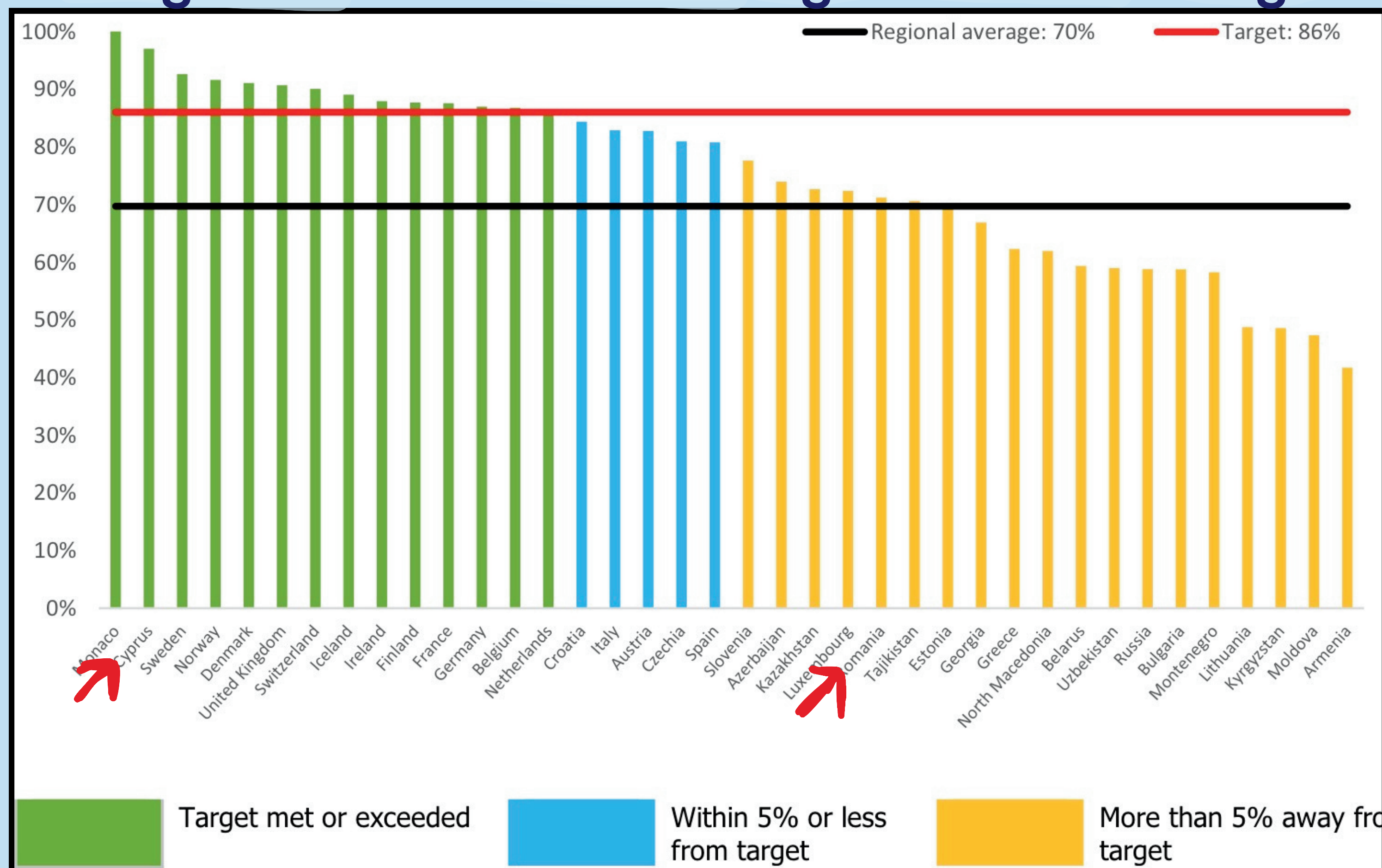


Methods

- Online interviews with health experts,
 - Hanne Zimmermann (FPN),
 - Teymur Noori (ECDC)
- Legal Analysis
- Literature review of peer-reviewed academic articles (scientific)



Progress toward achieving the overall target



Findings

1. UNAIDS 95-95-95 targets have not been met in Romania (*Teymur Noori*)
2. Major inequality between Sweden and Romania in the effectiveness of their HIV prevention and overall healthcare systems (*Schindele et al., 2023; Oana et al., 2014; Petre et al., 2023*)
3. Community-based prevention is highly trusted (*Kabelka et al., 2025*)
4. IFMSA is an underused transnational platform (*Golebiowska et al., 2015*)

Our Integrated model & Further Recommendations

Peer-based Education

- Workshops given by volunteer medical students
- PLHIV will be invited in schools to share their own experiences and advices

→ Goal = fight stigma!

Peer Outreach: Biomedical Prevention

- Distributing self-testing kits
- Mobile sexual health units for testing, free condom distribution, PrEP information and providing mental health support

→ Goal=ensure accessibility!

Peer Network & Follow-up

- Legal Support
- Peer Support:
 - Connection between at-risk people and PLHIV who are willing to support others
- Digital Platforms
 - information resources
 - peer community space
 - direction to the nearest support and testing facility
- Coordinated bilateral agenda

→ Goal = ensure support!

Conclusion

Stigma reduction, behavioural education, and coordinated community outreach

IFMSA: Multilevel Transnational Intervention Platform



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